

# The Journey - Becoming a Student Athlete



# Athletic Organizations

- Athletic Organizations represent college and university members and provide eligibility rules and by-laws for competition.

## NCAA (National Collegiate Athletic Association)

- Largest athletic association in the US, 1000 schools
- Offer Division I, Division II and Division III,
- Divisions determined number of the athletic programs played

## NAIA (National Association of Intercollegiate Athletics)

- Represents about 300 schools in Canada and the US
- Schools are smaller in size and offer fewer athletic programs

# Athletic Organizations

## CIS (Canadian Inter-university Sports)

- National governing body of university sport in Canada, found at degree granting universities

## CCAA (Canadian College Athletic Association)

- Governs two year college programs, in 7 sport areas

## NJCCA (National Junior College Athletic Association)

- Represents two year colleges in the US
- These school can participate in any Division as long as they meet eligibility requirements

# Student-Athlete Criteria

When considering Athletic scholarships two criteria must be met:

- Eligibility to play your sport
- Meeting academic/admission standards

# Eligibility to Play Your Sport

## Keeping Amateur Status

- Contract with Professional teams
- Salary for participating in Athletics
- Prize Money
- Play with Professionals
- Try-outs, practice or competition with a professional team
- Benefits from an agent or prospective agent
- Agreement to be represented by an agent
- Any financial assistance based on athletic skills or participation

# Meeting Academic Standards

Each Athletic Association's governing body determines the academic standing an athlete must attain to meet eligibility requirements.

## NCAA

- Core Courses
- SAT or ACT scores
- Grade point average, academic record for Grades 9-12 based on core courses



# Take a Knee at 2.3

- New academic requirements for NCAA

# Core Course Requirements

## NCAA Division I

4 years of English.

3 years of mathematics (Algebra I or higher).

2 years of natural/physical science (1 year of lab if offered by high school).

1 year of additional English, mathematics or natural/physical science.

2 years of social science.

4 years of additional courses (from any area above, foreign language or comparative religion/philosophy).



# NCAA

## Division I Initial Eligibility

- 16 core courses students must have on their academic transcript (determines GPA)
- (10) core courses must be completed before the 7<sup>th</sup> semester (grade 12). (7) of the (10) must be English, math, or natural/physical science.
- These courses are locked-in, cannot be repeated
- SAT : includes only the verbal and math sections.
- ACT: includes: English, math, reading, science
- Uses the sliding scale to match test scores with required GPA

# NCAA

## Division II Initial Eligibility

- 16 core courses students must have on their academic transcript (determines GPA)
- SAT Score: minimum 820
- ACT Score: minimum 68
- GPA: Minimum 2.00

## 2018:

- Division II will use a sliding scale to match test scores to determine full or partial qualifiers
- GPA requirement 2.2
- To receive athletic aid and practise gpa 2.0



# Core Course Requirements

## NCAA Division II

**3 years of English.**

**2 years of mathematics (Algebra I or higher).**

**2 years of natural/physical science (1 year of lab if offered by high school).**

**3 years of additional English, mathematics or natural/physical science.**

**2 years of social science.**

**4 years of additional courses (from any area above, foreign language or comparative religion/philosophy).**

# Qualifier Requirements

## **Full Qualifier:**

- **Minimum GPA of 2.300**
- Students will need to meet the following requirements to receive athletics aid, practice and compete their first year:

## **Academic Redshirt:**

- **Minimum GPA of 2.0**
- He/she can practice during his/her first term at a Division I college or university. After the first semester or quarter is complete, in order to continue to practice for the rest of the year, the student must be academically successful at the collegiate level.

## **Non Qualifier:**










- **Does not meet academic standards**
- If a college-bound student-athlete does not meet either set of requirements, he/she is a non-qualifier.

# NAIA

Must meet two of the following three requirements

- SAT Score: 860 or ACT score of 18
- GPA of a 2.0 on a 4.0 point scale
- Be in the top 50% of the students' graduating class

# SAT/ACT You Decide?

	SAT	ACT
■ Re writes		
■ Combine scores		
■ Do all schools accept the scores		
■ Free reports sent to schools/ EC		
■ Required before an official visit		
■ Essay portion required		

# How is the Criteria Managed

## Eligibility Centre (NCAA, NAIA)

- Clearinghouse that students send their athletic and academic information to have his/her eligibility determined (cleared)
- Standards are set academically to which students must adhere
- Amateur status is determined by students answering questions about his/her sport history.
- When offered a scholarship, the student must be cleared by the eligibility centre, in order for the transaction to be successful

# How is the Criteria Managed

## CIS, CCAA, and the NJCAA

- Each school has academic/admission standards that the student athlete must attain
- Must be the same academic standards as a non-student athlete
- Amateur status is determined by each institution.
- Eligibility is determined on a per athlete basis



# How are Scholarships Funded

- Tuition
- Mandatory Fees
- Room
- Board
- Books
  
- Scholarships cannot exceed what would normally be given to a non competing player
- Type/amount of scholarships is determined by:
  - Number of scholarships allocated to a school in full or partial amounts

# Hidden Costs

- Additional costs can range between \$200-\$20,000 per year

## These Can Include :

- Student Orientation Fees
- First year student programs
- New student fees
- Continuing student fees
- Student Activity Fees
- Parking, loan fees, travel, weekly expenditures
- Sports related medical expenses
- Cell Phones

# Making Choices

## Competition:

- All schools offer competitive sports
- Schools can compete in any Division
- Division I and II schools generally carry a higher visibility
- Division III know for academics

## Playtime:

- Division I and II schools more competition for positions
- NJCAA schools more playtime, two year colleges allow players to develop their skill and have time to further recruit  
Division I & II schools

# Making Choices

## Academic:

- Important to find out what the academic focus is for athletes
- Are academic programs transferable?
- Would you go to this school, if sports were not in question?
- What is your athletes academic ability?

## Scholarships

- What does it cover?
- How long will the agreement last?
- How does the offer become valid? Who has signing authority?
- If the player is injured is the scholarship honoured?
- If the student becomes academically ineligible, is the scholarship honoured?

# Interesting Facts

- NCAA gives out 1.5 billion dollars in scholarships annually
- 60% of that revenue goes to Division I schools
- NCAA supports 450,00 athletes
- Male Athletes account for 56% of the total athletes supported
- 2% of high school athletes make it to the NCAA

# Interesting Facts

	Men's Basketball	Women's Basketball	Football	Baseball	Hockey	Soccer
H/S to NCAA	3.3%	3.7%	6.4%	6.7%	10.9%	5.6%
NCAA to Pro	1.3%	.9%	1.6%	9.7%	1.2%	.7%
H/S to Pro	.03%	.02%	.08%	.51%	.10%	.03%

# Player Recruitment

- ✓ Portfolio
- ✓ Athletic Profile
- ✓ Showcases/Combines
- ✓ Video/Highlight Film
- ✓ Contacting Coaches
- ✓ Social Media

# Creating a Portfolio

## Academics

- Keep a record of all academic achievements: grades, awards, honours,

## Extra-Curricular Activities

- Letters of recommendation, certificates

## Athletic Stats

- Dependent on sport

## Film

- Keep copies of your highlight film, and best 3 game films

## Press

- Copies of newspaper articles

## Letter of Recommendation

- Ask coaches, teachers, counsellors, private coaches



# Athletic Profile

## Athletic Profile: Player #1



Personal Information	
Last Name	Smith
First Name	Joe
Date of Birth	February 27, 1998
Gender	Male
Address	12345 Main Street
City	Delta
Province	British Columbia
Postal Code	A1A 0A0
Phone	555-555-5555
E-mail Address	llike sports@gmail.com
Parents:	John and Jane
Parents Email	llikw sports 2@gnail.com
Mother Cell	555-555-1234
Father Cell	555-555-5678
Citizenship	Canadian

# Athletic Profile

Athletic Information	
Sport Played	Baseball
Team/Association	<b>AAA Baseball Association</b>
NCAA Eligibility	Not Registered
Primary Position	Pitcher
Secondary Position	2 <sup>nd</sup> Base
Height	6'1
Weight	195 lbs
Throws	Right
Bats	Right
Timed 60 yard dash	6.8 seconds
Jersey #	19
Statistics: Spring/Summer 2015	
Batting Average	.333
Total AB	20
Total Hits	7
RBI	4
Singles	6
Doubles	1

# Athletic Profile

## Highlights and Achievements

2013	Bantam AA Cloverdale Tournament MVP
2013	Bantam AA Kelowna Spring Classic MVP, named to tournament All-star Team
2013	Bantam AA Tsawwassen Spring Tournament MVP
2013	Top 5, batting AVG for 6 months, Bantam AA
2014	16 U BC Selects Team member
2015	18U BC Elite Team Member

## Showcases and Camps

2013	Attended the Northwest Futures Team evaluations
2013	Attended Evaluations, PNC
2013	University of San Diego Underclassmen Camp, Dec 28-29
2014	LABC Evaluations, February 1, 2014
2014	BC Minor Baseball, CABA Evaluations, April 2014

## Coaches Information

Mr. Coach	555-555-2424 ivemoved@hotmail.com
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# Athletic Profile



Academic Information	
High School Name	Sands Secondary School
Address	10840 82 <sup>nd</sup> AVE, Delta BC V4C 4S6
Telephone	604-594-3474
Graduation Date	June 2016
Current Grade	11
GPA	4.0 GPA
Class Ranking	9/162
Planned Major	Law
School Counsellor	Susan Deane email

# Showcases/Combines

- Look at who is “attending” not who is invited
- Look at previous attendees, format evaluation, so you can be prepared
- Be the first to arrive and the last to leave
- Exhibit “hard work” and “diligence”

Most coaches are attending showcases to look at someone else


- Send an introduction letter/profile/video to coaches that will be attending beforehand
- Invite coaches to a showcase to look at you

# Video/Highlight Film

- Attract a coaches attention
- Keep it short and professional
- Should be 3-5 minutes in length

## Include:

- Consistency of Skill
- Include radar gun/stopwatch times in the video
- 10-15 highlight plays
- Game footage



"You just laugh at some of the professional videos I get with their Hollywood special effects," she said. "It's so unnecessary. Just give me a few skills highlights, and then I want to see a simple game tape. I've seen enough girls hitting balls as 'Eye of the Tiger' plays in the background to last a lifetime."

Amy Bergin, Head Volleyball Coach, Haverford College, as reported in the *New York Times*

# Contacting Coaches



## Introduction Letter

- Who you are and why you are contacting the coach
- Request information about Athletics/Team
- Few short paragraphs

## Video Link

- Attach a video link

## Athletic Profile



# Social Media

## DO

- Be honest
- Post pictures/video of your sport
- Approve all tagged photos

## DO NOT

- Make comments about other people
- Post-pictures of yourself or your friends that might reflect badly
- Only accept friends that you know





# High School Timeline

# Grade 9/Freshman

- Work on your game, enjoy it and enjoy other sports also, coaches like to see a well rounded athlete
- Grades are very important, the NCAA uses all grade 9 course work as part of the core course requirements
- Begin research on the sporting organizations and the academic requirements needed

# Grade 10/Sophomore

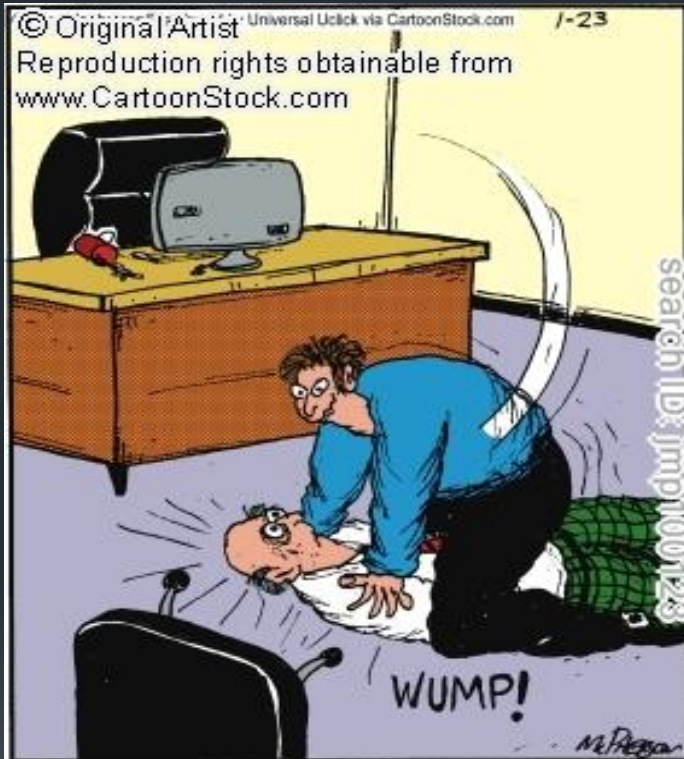
- Build on your physical strength, speed and agility
- Compete in tournaments outside of your home area
- Participate in summer camps that universities and colleges may be offering
- Keep up grades
- Begin putting the portfolio together, keeping all your records

# Grade 11/Junior

- Work on fitness, get help with weaknesses in your game
- Attend showcases, outside tournaments, summer camps
- Continue to work hard on academics
- Consider writing the PSAT (Practice SAT)
- Write your first SAT in the Spring
- Register for the Eligibility Centres: NCAA, NAIA
- Build packages to send out to coaches/schools: **get film**
- **Note: 10/16 core courses must be complete before the start of the senior year (7/10 must be in English, Science and Math)**

# Grade 12/Senior

- Play other sports that are low risk for injury for conditioning
- Write/re-write SATS if necessary
- Ensure that all core course requirements are met
- Ensure the portfolio is updated and complete
- Continue sending out packages to schools
- Keep up academics
- Update your NCAA/NAIA profile often until your final transcripts are required



Hoping to convince the university that he is worthy of a wrestling scholarship, Nick pins the director of admissions in 13 seconds.



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NCAA Application Forms



# Delta Website

- [www.deltasdathleticscholarships.weebly.com](http://www.deltasdathleticscholarships.weebly.com)